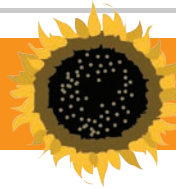


# The Pros Know **55 Plus** Active Living & Resource EXPOS

Bringing Resources to our Older Adult Population for Better Aging & Happier Living!

## Welcome to our 2024 PKE Fall Shows!

Venue Hosts



Fall Shows 2024



Emergency Response Information Kits & more for Senior well-being!



**Thursday, September 19th** | Garden City  
Garden City Community Centre  
725 Kingsbury Avenue.  
Senior's Hosts: Garden City 55+ Program



**Wednesday, September 25th** | E.K.  
Good Neighbours Active Living Centre  
720 Henderson Hwy.  
MASC Host: Good Neighbours Active Living



**Wednesday, October 23rd** | St. Vital  
Dakota Community Centre  
1188 Dakota Street  
MASC Host: Dakota Seniors 55+



**Friday, November 1st** | Fort Garry  
Fort Garry Mennonite Brethren Church  
1771 Pembina Hwy.  
MASC Host: PAL 55+

Show Times: **9:30am - 2:00pm** | Exhibitors List at: [prosknowexpos.ca](http://prosknowexpos.ca)

Providing seniors & their families the resources to improve their lives and well-being!

### Our Amazing Sponsors:



Joshua Neustaedter Barg



Mark these dates on your calendar and stay updated at: [prosknowexpos.ca](http://prosknowexpos.ca)  
website: [prosknowexpos.ca](http://prosknowexpos.ca) | email: [redroadmusic@shaw.ca](mailto:redroadmusic@shaw.ca) | cell: 204.414.9290