



★ Got Bus? ★



Got residents who could use extra
'Senior's Resources'?

Then contact us today about
our Expos **V.I.S.** Program for your
Very Important Seniors!

V.I.P. treatment so your
residents can access
quality help to
"Age in Place!"



Bringing **Senior Friendly** Organizations and Businesses
to various neighbourhoods across the city!



The Pros Know 55+

Active Living & Resource Expos

Yes, we have a bus, tell me more...

Good Day...Since October 1st, 2021, the amazing Organizations and Senior Friendly Businesses who are the Pros Know Expos, have held 27 Senior's Resources shows around this city. A feat seen nowhere else in this great country of ours.

For 2026, we are holding four more around the city as listed on the next page. These shows have some of the most experienced and trusted organizations available to improve the general well-being of our older adult population. Today, we present to you an opportunity to bring some of your residents or community members to the shows, so that they may benefit from these various resource opportunities.

After your review, please contact me personally so we can discuss how we can make this happen together, so they can reap the rewards of a better life through our collective efforts.

Thanking you in advance!

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The 2026 Pros Know Expos Show Dates & Themes!

Daily Show Times: **10:00am - 3:00pm**

 **North End** | Sgt. Tommy Prince Place
90 Sinclair Street
Wednesday, May 20th, 2026

Theme: Active Aging in Place



 **Charleswood** | Charleswood United Church
4820 Roblin Blvd.
Wednesday, May 27th, 2026

Theme: Community Services Access



 **Fort Garry** | Fort Garry Mennonite Brethren Church
1771 Pembina Hwy.
Wednesday, September 23rd, 2026

Theme: Wills, Estates & Power of Attorney



 **St. Vital** | Dakota Community Centre
1188 Dakota Street

Thursday, October 1st, 2026

Theme: Fraud & Scam Prevention



Easy to book your group!

It's really quite easy, pick a show(s) and a one hour window(s) you'd like to bring them by between 10:30am - 1:30pm (3 Hour Window), and we'll book you a V.I.S. spot. By email or phone!

Please Note: We will also provide your bus entourage with Guest Bags at each show. Each bag includes literature and information from many of the Exhibitors.

More information on back page...

Why Should We Come?

It's no secret that investing in the health and very well-being of our community has tremendous values right across the board. The services and resources your residents will have access to at these shows are indeed life changing and will result in longer living and happier people in our care. It also means less strain on our Health Care Systems.

Your commitment to their health and welfare will build a stringer bond within your walls and buildings and bring you a reputation as a leader in your industry. Happy, healthy people, live longer, stay longer and will be some of your best promoters moving forward.



Here is but a partial list of the Organizations & Businesses who will be at the 2026 Shows. Stay up to date by visiting our website at prosknowexpos.ca and monthly in Manitoba's leading older adult publication **Senior Scope**!



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