

The Pros Know **55** Plus **Active Living & Resource EXPOS**

Bringing Resources to our Older Adult Population for Better Aging & Happier Living!

Venue Host:  **Fall Shows 2024**



Senior Resource Finders

Emergency Response Information Kits & more for Senior well-being!



Garden City Community Centre

725 Kingsbury Avenue

Thursday, September 19th

Senior's Host Group: Garden City 55+ Program

Show Times: **9:30am - 2:00pm** | Exhibitors List at: prosknowexpos.ca

Providing seniors & their families the resources to improve their lives and well-being!

Our Amazing Sponsors:



Mark this date on your calendar and stay updated at: prosknowexpos.ca
website: prosknowexpos.ca | email: redroadmusic@shaw.ca | cell: 204.414.9290