

# The Pros Know **55 Plus** Active Living & Resource EXPOS

Bringing Resources to our Older Adult Population for Better Aging & Happier Living!

Venue Host:  Fall Shows 2024

**NO-CHARGE  
FREE ADMISSION  
NO-CHARGE  
TO THE PUBLIC**



## Fort Garry Mennonite Brethren Church

1771 Pembina Hwy.

# Friday, November 1st

MASC Hosts: PAL 55+ (Pembina Active Living 55+)

Show Times: **9:30am - 2:00pm** | Exhibitors List at: [prosknowexpos.ca](http://prosknowexpos.ca)

Providing seniors & their families the resources to improve their lives and well-being!

### Our Amazing Sponsors:



Mark this date on your calendar and stay updated at: [prosknowexpos.ca](http://prosknowexpos.ca)  
website: [prosknowexpos.ca](http://prosknowexpos.ca) | email: [redroadmusic@shaw.ca](mailto:redroadmusic@shaw.ca) | cell: 204.414.9290