

Four more Pros Know Expos in 2026. Dates & Locations here in your November Senior Scope.

Another Year of Expos, Another Year of Resources!

Good Day, Good Day! Wasn't that fun? I know it was only two shows this year, but the results were awesome.

Having the courage to try something that was truly different than the first twenty-five shows, is the way of this group. So proud of them all.

With this and a million smiles in our hip pockets, we need to dispense some real platitudes to all who made this work. No real order, but here goes;

Good Neighbours Active Living Centre on Henderson Hwy to start. **Jennifer** and **Rosie**, you two are amazing. You both made it so easy for the Expos to work side by side with GNALC. True leaders who are completely committed to their membership and the community at large. Thank you for your support.

Our **Master Sponsors**; Active Aging in Manitoba, Comforts of Home Care, Desjardins Financial Security (Kilcona), MaryAnn Kokan-Nyhof of IG Wealth Management, KLD Law and our very own Senior Scope Newspaper. **Bravo to you all, for all, you always do!**

Our **Core Sponsors**; 211MB (United Way), Good Neighbours Active Living Centre, Heart to Home Meals, Joshua Neustaedter Barg (Royal LePage Top Producers), The Seniors Moving Company and Red Road Music Company.

You all provided another round of supports so the shows could be successful. It should be noted that contributions from our two Sponsorship Groups allowed us to provide sponsored tables for various not-for-profits we invited for everyone attending the shows. **Bless you all for your generosity.**

To all of our **Guest Speakers**, eight in the spring and eight in the fall. You have no idea how you've touched many in your rooms with your messaging, wisdom and caring. In the end, the mini-conferences were indeed a success. **Knowledge is your power.**

Now for the meat and potatoes, our fab group of **Exhibitors**. Too many to list here, but none the less, we are blessed to have you year after year. You are the life in the room that we all appreciate.

We still have the Sponsors and Exhibitors listed on our website and will do so until the end of the year. Their links are also included on our site if you wish to contact them for anything. I'm sure they would all love to hear from you.

To YOU, our families, friends, neighbours, first timers, long-timers who have taken the time to come to these shows looking for help, guidance, wisdom and social contact. WE are all doing this for you. It's no secret, if we work together to keep our community healthy, happy and relevant, we live longer, with purpose and our healthcare system will be under less stress.

This is not fools wisdom, it's fact. The proof is everywhere. We need to be better at it, we need to share more and to continue to raise our community give a damn levels. Yup!

The 2026 Shows, all four, will officially be announced here in the November 2025 Scope. Around the city we go... Always our pleasure to help our Good Neighbours! **R&T, Take Care!**



2026 Show Dates & Locations



Local Organization and Business

Resources to help you take the steps for a better quality of life, now and in the future!

Details here in the November 2025 Senior Scope

Got Questions? eMail us @ prosknowexpos@gmail.com

Stay informed all the time on our website;

prosknowexpos.ca